

# VIRTUAL PRAYER GROUPS

## DAILY

|         |                                                                |                                                             |
|---------|----------------------------------------------------------------|-------------------------------------------------------------|
| 3:30am  | <b>PRAYER</b><br>Rosary Precursor to Daily GR Meeting          | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033 |
| 5am     | <b>STEP PRAYER</b><br>11th Step Meditation + Rosary            | tinyurl.com/cirzoom-5613<br>(669) 900-6833 ID 845 2528 5613 |
| 7am     | <b>STEP PRAYER</b><br>11th Step Meditation + Rosary            | tinyurl.com/cirzoom-5613<br>(669) 900-6833 ID 845 2528 5613 |
| Noon    | <b>PRAYER</b><br>Divine Mercy Chaplet Prayer Group             | tinyurl.com/cirzoom-5502<br>(669) 900-6833 ID 829 3098 5502 |
| 6:10pm  | <b>PRAYER</b><br>Rosary Group (in Latin on Wednesdays)         | tinyurl.com/cirzoom-2660<br>(669) 900-6833 ID 816 9891 2660 |
| 10:30am | <b>STEP PRAYER</b><br>11th Step Meditation + Rosary (European) | tinyurl.com/cirzoom-5613<br>(669) 900-6833 ID 845 2528 5613 |

## WED

|      |                                               |                                                             |
|------|-----------------------------------------------|-------------------------------------------------------------|
| 10am | <b>PRAYER</b><br>Lectio Divina & Visio Divina | tinyurl.com/cirzoom-2660<br>(669) 900-6833 ID 816 9891 2660 |
|------|-----------------------------------------------|-------------------------------------------------------------|

## SAT

|        |                                                |                                                             |
|--------|------------------------------------------------|-------------------------------------------------------------|
| 8:30am | <b>PRAYER</b><br>Saturday Morning Rosary Group | tinyurl.com/cirzoom-2660<br>(669) 900-6833 ID 816 9891 2660 |
|--------|------------------------------------------------|-------------------------------------------------------------|

Visit catholicinrecovery.com for the most updated listing of our virtual recovery meetings.

**ZOOM PASSWORD** is 121212 unless otherwise noted.

Last updated 1/16/2026

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Webinars | Daily CIR Reflections | CIR+ Online Community | Nationwide Retreats | The CIR App  
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Recovery Journeys | Recovery Saint Holy Cards | Audio CIR Reflections | Pathway to Recovery

[www.catholicinrecovery.com](http://www.catholicinrecovery.com)



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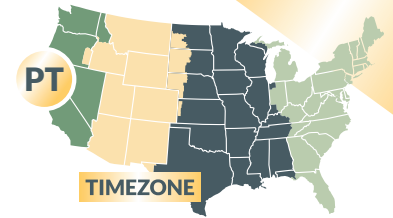
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Catholic  
in Recovery



## VIRTUAL RECOVERY MEETINGS

### DAILY

|     |                                             |                                                             |
|-----|---------------------------------------------|-------------------------------------------------------------|
| 4am | <b>GENERAL RECOVERY</b><br>General Recovery | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033 |
|-----|---------------------------------------------|-------------------------------------------------------------|

### SUN

|        |                                                                                            |                                                              |
|--------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| 11am   | <b>GENERAL RECOVERY</b><br>From Powerlessness to Freedom...                                | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033  |
| 3pm    | <b>LUST ADDICTION RECOVERY</b> <b>WOMEN ONLY</b><br>Women's Lust & Love Addiction Recovery | tinyurl.com/cirzoom-3353<br>(669) 900-6833 ID 884 2404 3353  |
| 4pm    | <b>LUST ADDICTION RECOVERY</b> <b>MEN ONLY</b><br>Men's Big Book Study for Lust Addiction  | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146 |
| 4pm    | <b>DISORDERED EATING</b> <b>WOMEN ONLY</b><br>Women's Disordered Eating Recovery           | tinyurl.com/cirzoom-5453<br>(669) 900-6833 ID 886 4585 5453  |
| 4pm    | <b>ACDH</b><br>Beginner's Meeting                                                          | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639  |
| 5pm    | <b>UNIQUE</b><br>Behavioral & Process Addiction Recovery                                   | tinyurl.com/cirzoom-2363<br>(669) 900-6833 ID 825 3358 2363  |
| 5:30pm | <b>GENERAL RECOVERY</b> <b>MEN ONLY</b><br>Men's General Recovery Meeting                  | tinyurl.com/cirzoom-93819<br>(669) 900-6833 ID 841 8909 3819 |

### MON

|        |                                                                                         |                                                              |
|--------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------|
| 4am    | <b>LUST ADDICTION RECOVERY</b> <b>MEN ONLY</b><br>Men's Lust Addiction Recovery Meeting | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146 |
| 4:30am | <b>ACDH</b><br>Tony A's Twelve Step Workbook                                            | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639  |
| 3pm    | <b>ACDH</b><br>Reparenting                                                              | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639  |
| 5pm    | <b>GENERAL RECOVERY</b><br>General Recovery                                             | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033  |
| 7pm    | <b>LUST ADDICTION RECOVERY</b> <b>MEN ONLY</b><br>Men's Lust Addiction Recovery         | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146 |

Sharing the good news of God's mercy.

| TUE    |                                                                                                   |                                                              |
|--------|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| 4am    | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Lust & Other Addictions Recovery  | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146 |
| 9am    | <b>STEP</b><br>11th Step "Unbounded Reality"                                                      | tinyurl.com/cirzoom-89323<br>(669) 900-6833 ID 841 9988 9323 |
| 11am   | <b>GENERAL RECOVERY</b><br>Tuesday European General Recovery                                      | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033  |
| 1pm    | <b>ACDH</b><br>Traits Workbook                                                                    | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639  |
| 2:15pm | <b>BOOK STUDY</b><br>A 12-Step Approach to the Spiritual...                                       | tinyurl.com/cirzoom-6594<br>(669) 900-6833 ID 838 1293 6594  |
| 4pm    | <b>GENERAL RECOVERY</b> <small>WOMEN ONLY</small><br>Women's General Recovery                     | tinyurl.com/cirzoom-82474<br>(669) 900-6833 ID 828 9068 2474 |
| 4pm    | <b>GENERAL RECOVERY</b><br>Couple's Recovery Meeting                                              | tinyurl.com/cirzoom-6594<br>(669) 900-6833 ID 838 1293 6594  |
| 5pm    | <b>GENERAL RECOVERY</b><br>General Recovery                                                       | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033  |
| 6pm    | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Big Book Study for Lust Addiction | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146 |
| 6pm    | <b>FAMILY &amp; FRIENDS</b> <small>WOMEN ONLY</small><br>Women's Family of Lust Addiction         | tinyurl.com/cirzoom-8315<br>(669) 900-6833 ID 895 6838 8315  |
| WED    |                                                                                                   |                                                              |
| 4:30am | <b>ACDH</b><br>Strengthening My Recovery                                                          | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639  |
| 9am    | <b>GENERAL RECOVERY</b> <b>SPANISH</b><br>Católicos en Recuperación                               | tinyurl.com/cirzoom-3980<br>(669) 900-6833 ID 860 0672 3980  |
| 9am    | <b>GENERAL RECOVERY</b><br>General Recovery                                                       | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033  |
| 11am   | <b>VARIOUS</b><br>Dual Disorders "Light of Day" 12-Step                                           | tinyurl.com/cirzoom-6000<br>(669) 900-6833 ID 818 5886 6000  |
| Noon   | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Lust Addiction Recovery           | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146 |
| 3pm    | <b>ACDH</b><br>Weekly ACDH Reflections                                                            | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639  |
| 4pm    | <b>FAMILY &amp; FRIENDS</b><br>Family & Friends                                                   | tinyurl.com/cirzoom-4307<br>(669) 900-6833 ID 842 0726 4307  |
| 5pm    | <b>GENERAL RECOVERY</b> <small>WOMEN ONLY</small><br>Women's General Recovery                     | tinyurl.com/cirzoom-82474<br>(669) 900-6833 ID 828 9068 2474 |
| 5:30pm | <b>GENERAL RECOVERY</b> <b>SPEAKER</b> <small>MEN ONLY</small><br>Men's Book Study + Speakers     | tinyurl.com/cirzoom-3819<br>(669) 900-6833 ID 841 8909 3819  |

| THU    |                                                                                                   |                                                                         |
|--------|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| 9am    | <b>STEP</b><br>11th Step "Unbounded Reality"                                                      | tinyurl.com/cirzoom-89323<br>(669) 900-6833 ID 841 9988 9323            |
| 9am    | <b>DISORDERED EATING</b><br>Disordered Eating Recovery                                            | tinyurl.com/cirzoom-66825<br>(669) 900-6833 ID 876 3796 6825            |
| 3pm    | <b>VARIOUS</b><br>Freedom from the Screen                                                         | tinyurl.com/cirzoom-8669<br>(669) 900-6833 ID 833 7107 8669             |
| 5pm    | <b>ACDH</b> <b>BOOK STUDY</b><br>Big Red Book Foundational                                        | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639             |
| 5pm    | <b>GENERAL RECOVERY</b><br>General Recovery                                                       | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033             |
| 6pm    | <b>GENERAL RECOVERY</b> <small>MEN ONLY</small><br>Men's General Recovery Meeting                 | tinyurl.com/cirzoom-3721<br>(669) 900-6833 ID 280 191 3721<br>PW 274820 |
| 7pm    | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Big Book Study for Lust Addiction | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146            |
| FRI    |                                                                                                   |                                                                         |
| 4:15am | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Lust & Other Addictions Recovery  | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146            |
| 9am    | <b>BOOK STUDY</b><br>The Narrow Way: A Personal Road...                                           | tinyurl.com/cirzoom-3222<br>(669) 900-6833 ID 823 7466 3222             |
| 9am    | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Lust Addiction Recovery           | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146            |
| 11am   | <b>GENERAL RECOVERY</b><br>Friday European General Recovery Meeting                               | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033             |
| Noon   | <b>FAMILY &amp; FRIENDS</b><br>Family & Friends Recovery                                          | tinyurl.com/cirzoom-4307<br>(669) 900-6833 ID 842 0726 4307             |
| 5pm    | <b>GENERAL RECOVERY</b><br>Welcome to Catholic in Recovery                                        | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033             |
| 5:30pm | <b>GENERAL RECOVERY</b> <small>MEN ONLY</small><br>Men's General Recovery                         | tinyurl.com/cirzoom-93819<br>(669) 900-6833 ID 841 8909 3819            |
| SAT    |                                                                                                   |                                                                         |
| 7:30am | <b>ACDH</b><br>Healing Our Childhood Wounds (ACDH)                                                | tinyurl.com/cirzoom-1639<br>(669) 900-6833 ID 848 7615 1639             |
| 9am    | <b>GENERAL RECOVERY</b><br>General Recovery                                                       | tinyurl.com/cirzoom-2033<br>(669) 900-6833 ID 836 3844 2033             |
| 3pm    | <b>LUST ADDICTION RECOVERY</b> <small>MEN ONLY</small><br>Men's Big Book Study for Lust Addiction | tinyurl.com/cirzoom-78146<br>(669) 900-6833 ID 841 0517 8146            |
| 5pm    | <b>BOOK STUDY</b> <b>SPEAKERS</b><br>Big Book Study & Speakers "Step Family"                      | tinyurl.com/cirzoom-0647<br>(669) 900-6833 ID 875 1160 0647             |