

Reflection Questions

- What has propelled you to realize that you are powerless over addictions, compulsions, and unhealthy attachments?
- How has God nourished your pain and hunger by participating in 12-step recovery?
- What do you hunger for?

Jubilee of Hope: Finding Light in the Darkness of Addiction

Webinar on Monday, February 17 at 5p ET/2p PT

- Keaton Douglas, founder of iThirst, joins Scott Weeman to discuss the Church's role in addiction recovery
- Gain spiritual tools to find freedom from addiction and be a spiritual companion to those impacted by addiction
- Free for CIR+ members otherwise \$10 to register
- This and all webinar recordings available on CIR+
- For more info and to register for the webinar visit catholicinrecovery.com/event/webinar250217

Sunday Mass Readings This Week

First Reading: Jeremiah 17:5-8

Responsorial Psalm: Psalm 1:1-2, 3, 4 & 6

Second Reading: 1 Corinthians 15:12, 16-20

Gospel: Luke 6:17, 20-26

Sixth Sunday in Ordinary Time



We are likely familiar with the Sermon on the Mount – Saint Matthew's account of Jesus' inaugural address where He challenges modern ideas of power, success, and lifestyle to lay the foundation for His earthly ministry. We may be less familiar with the Sermon on the Plain, this Sunday's Gospel reading according to Saint Luke:

*Jesus came down with the Twelve
and stood on a stretch of level ground
with a great crowd of his disciples
and a large number of the people
from all Judea and Jerusalem
and the coastal region of Tyre and Sidon.*

Luke's Gospel portrays Jesus as one who appeals to those lower on the social ladder – the poor, the outcasted, the grieving, and the hopeless. He approaches the crowd on even ground – meeting them where they are at, just as we do with those seeking recovery. Jesus proclaims:

*“Blessed are you who are poor,
for the kingdom of God is yours.
Blessed are you who are now hungry,
for you will be satisfied.
Blessed are you who are now weeping,
for you will laugh.
Blessed are you when people hate you,
and when they exclude and insult you,
and denounce your name as evil
on account of the Son of Man.
Rejoice and leap for joy on that day!”*

In other words, Jesus praises those who admit they are powerless and in need of a savior. Those who seek hope in the Lord – or in the language of the Twelve Steps, those who come to believe that a Power greater than themselves can restore them to sanity – will find a freedom unknown to those who put their trust in their own human power. A similar message is shared by Jeremiah in this Sunday's first reading:

*Cursed is the one who trusts in human beings,
who seeks his strength in flesh,
whose heart turns away from the Lord...*

*...Blessed is the one who trusts in the Lord,
whose hope is the Lord.
He is like a tree planted beside the waters
that stretches out its roots to the stream:
it fears not the heat when it comes;
its leaves stay green;
in the year of drought it shows no distress,
but still bears fruit.*

When we put our faith in the Lord, our recovery bears rich fruit and offers freedom from the family spiritual disease of addiction and our obsessive need to manage life. This is a dramatic shift from the illusion of control and a lifestyle without boundaries that allowed addiction to call the shots. As we make progress in recovery, we get the opportunity to shed whatever stands in the way of our calling as Christians. Through humble prayer, we ask God for knowledge of His will and the power to carry it out.

As Jeremiah notes, we will face inevitable obstacles. If we are still holding firm to our own agenda, the will of God becomes less of a concern in the face of fear and anguish. When our roots are planted near the waters of Christ, we flourish and are given the nourishment to hold fast to what is true.

We speak to one another on equal ground and share the Good News in a way that most people can understand—especially those who have experienced the shackles of family addiction and spiritual hunger. As we gather in fellowship, we meet each other on level ground and freely share our experience, strength, and hope. Therefore, one day at a time, we may experience the kingdom of God.