

m How do you understand the phrase "blessed are the poor in spirit" and when have you experienced it?

Which of the beatitudes do you find yourself most drawn to today? Explain.

m Has your recovery needed to be recalibrated or rejuvenated and, if so, what did you do?

perience a CIR Retreat this ear  
Connect with fellow Catholics in recovery, hear inspiring testimonies, engage the sacraments, participate in meetings, and renew your recovery  
March 24-26 - St. Benedict Lodge in McEnie  
ridge, R  
Note: Early bird discount (\$50 off) ends January 31  
June  
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š October 10! Spiritual Life Center in Wichita, KS  
š Register online at catholicinrecovery.com

**Gi bXUnA UggFYUX]b[ gH ]gK YY**

**First Reading:** Isaiah 2:3 3:12-13

**Responsorial Psalm:** Psalm 14 : 7, 8-9, 9-10

**Second Reading:** 1 Corinthians 1:2 3:1

**Gospel:** Matthew 5:1-12a

## Sunday in Ordinary Time



Each one of us has stood at a turning point where the cycle of addiction met a window of grace in a way that we became willing to do what we previously would not—ask for help and follow a new set of directions. In that moment (from which some of us may not be far removed), self-reliance turns into desperation for God, leaving us with what we might consider a poverty of spirit.

To be poor in spirit means to be an empty vessel, available for the grace of God to be poured in. Just like clay has to be soft and malleable for a potter to shape it, we are called to a state of humility that allows God control of our will and our lives. Rather than seeking comfort from our addictions, compulsions, or unhealthy attachments, we can instead find solace brought from living another day sober, abstinent, clean, or free! We get to live with the integrity of taking daily action to strengthen our recovery and reliance on God's grace.

