

Reflection Questions

- What helps you overcome self-pity, judgment, and petty rivalries that might threaten your serenity?
- How has recovery softened your heart to others?
- In this week's Gospel Reading we hear Jesus say: "If your hand causes you to sin, cut it off. It is better for you to enter into life maimed than with two hands to go into [hell]." How do you relate this to *your* pursuit of recovery?

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 - free copy of *The Twelve Steps and the Sacraments*
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Sunday Mass Readings this Week

1st Reading: Numbers 11:25-29

Responsorial Psalm: Psalm 19:8, 10, 12-13, 14

2nd Reading: James 5:1-6

Gospel: Mark 9:38-43, 45, 47-48

26th Sunday in Ordinary Time



If your ego is at the root of all your troubles, destroy it. It is better to be a humble servant of the Lord than master of your own hell.

In this Sunday's Gospel Reading, we hear Jesus share about the great lengths we are to go in order to remove sin—or unhealthy attachments that keep us distant from God—from our lives. In recovery, we know the value of going to any length in order to find freedom from the impact that addiction has on us and our families. Often, that means overcoming interpersonal barriers like jealousy, greed, resentment, and fear. It starts with us.

Even the disciples had their share of complaints, bickering, and petty rivalries. Last week we heard a few disciples arguing over who among them was the greatest shortly after Jesus told them of his destiny. This week, we hear a remark about someone driving out demons who is not part of the “inner circle”.

*John said to Jesus,
"Teacher, we saw someone driving out demons
in your name,
and we tried to prevent him
because he does not follow us."
Jesus replied, "Do not prevent him.
There is no one who performs
a mighty deed in my name
who can at the same time speak ill of me.
For whoever is not against us is for us.
Anyone who gives you a cup of water to drink because
you belong to Christ,
amen, I say to you, will surely not lose his reward.*

John seems to have been disturbed that someone outside of the group might get some undeserved credit, ignoring the fact that demons were being driven out and that good was being done. Of course, the pettiness of John's comment can be found in some of our own attitudes, both as individuals and as a collective Church. Our pride can sabotage actual change. We may never get credit for what we've sacrificed and suffered through in the midst of family addiction. Still, we must be open to the idea that change can come at any time and in many different situations.

A similar story is found in our First Reading this week. God bestows His spirit upon a group of 70 elders traveling with Moses. Two members were absent from the gathering when this took place, but were similarly seized by the spirit of the Lord which stirred some jealousy among those in the camp.

*Now two men, one named Eldad and the other
Medad, were not in the gathering but had been left
in the camp.
They too had been on the list,
but had not gone out to the tent;
yet the spirit came to rest on them also,
and they prophesied in the camp.
So, when a young man quickly told Moses,
"Eldad and Medad are prophesying in the camp, "
Joshua, son of Nun, who from his youth
had been Moses' aide, said,
"Moses, my lord, stop them."
But Moses answered him,
"Are you jealous for my sake?
Would that all the people of the Lord were
prophets!
Would that the Lord might bestow his spirit on
them all!"*

Recognizing how others use their spiritual gifts to advance God's kingdom, regardless of their affiliation, can positively impact our lives and the support around us. We can do the same by advancing our gifts into the world while staying in tune with the Word of God and being guided by the Twelve Steps.

When we are united in recovery, we know that our reliance upon God and each other is what really matters. Sharing the good news with others and being an instrument of God's peace takes priority over trivial matters that do nothing but weigh us down. May the Lord bestow His spirit upon us all!