

## Reflection Questions

- Can you recall how you were/are greeted with honor and respect by others in recovery?
- Who do you look up to as a model of humility and acceptance?
- How do the examples of the Blessed Virgin Mary, Saint Maximilian Kolbe, and other saints influence your recovery and spiritual progress made through the sacraments?

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## Assumption of the Blessed Virgin Mary



Family addiction has a baffling power to make us feel like we're left on the spiritual fringes. Therefore, we can praise God for keeping us within His grip throughout our journey. When we merge our recovery efforts with the spiritual richness of the Catholic Church, we recognize that God has a deep love the lowly who He raises up. We celebrate the Feast of the Assumption of Mary this Sunday. The Gospel Reading for this special holy day describes Mary's visit to her cousin Elizabeth, who is pregnant with John the Baptist. Elizabeth greets Mary:

*"Blessed are you among women,  
and blessed is the fruit of your womb.  
And how does this happen to me,  
that the mother of my Lord should come to me? For  
at the moment the sound of your greeting reached  
my ears,  
the infant in my womb leaped for joy.  
Blessed are you who believed  
that what was spoken to you  
by the Lord would be fulfilled."*

## Sunday Mass Readings this Week

**1st Reading:** Revelation 11:19a; 12:1-6a, 10ab

**Responsorial Psalm:** Psalm 45:10, 11, 12, 16

**2nd Reading:** 1 Corinthians 15:20-27

**Gospel:** Luke 1:39-56

As we honor the Assumption of Mary, we celebrate that the mother of Jesus was raised by God's side in proportion to her humility and shown by her acceptance of God's will for her. Mary responds to Elizabeth:

*"My soul proclaims the greatness of the Lord;  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed:  
the Almighty has done great things for me  
and holy is his Name.  
He has mercy on those who fear him  
in every generation.  
He has shown the strength of his arm,  
and has scattered the proud in their conceit.  
He has cast down the mighty from their thrones,  
and has lifted up the lowly.  
He has filled the hungry with good things,  
and the rich he has sent away empty.  
He has come to the help of his servant Israel  
for he has remembered his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children forever."*

Mary is the model of humility and clearly knew her boundaries. We can look to her and see the virtue claimed by Christian fellowship and working through the 12 steps of addiction recovery. We are raised regardless of how far we have fallen, and we greet each other with dignity when we put aside our self-concern to step into the shoes of a struggling group member or someone reaching out for help.

Saint Maximilian Kolbe, the patron saint of drug addicts, families, and prisoners, maintained a strong devotion to the Blessed Virgin Mary after being greeted by her in a vision at the age of 12. He recalls, "That night I asked the Mother of God what was to become of me. Then she came to me holding two crowns, one white, the other red. She asked me if I was willing to accept either of these crowns. The white one meant that I should persevere in purity, and the red that I should become a martyr. I said that I would accept them both."

This dedication to doing God's will is an example for each of us to maintain an open mind and heart. Saint Maximilian Kolbe, a Polish priest, spent much of his life serving those under siege by the German army in World War II. He ultimately died in a concentration camp upon voluntarily replacing a man with a family who was sentenced to death by starvation (he did not die naturally and had to be lethally injected). Kolbe died on August 14 (his feast day) and was cremated the next day, the Feast of the Assumption of Mary. Both he and Mary teach us to accept God's will and remain open to His grace, no matter how treacherous it may seem.

The radical acceptance of God's will shown by Mary and Saint Maximilian Kolbe is available to us through God. As we let go of expectations and stop controlling outcomes, we recognize the inherent dignity within our loved ones and respect that the only behavior we control is our own. Regardless of circumstances, we realize that a life lived in God's hands is far greater than directing life on our own.